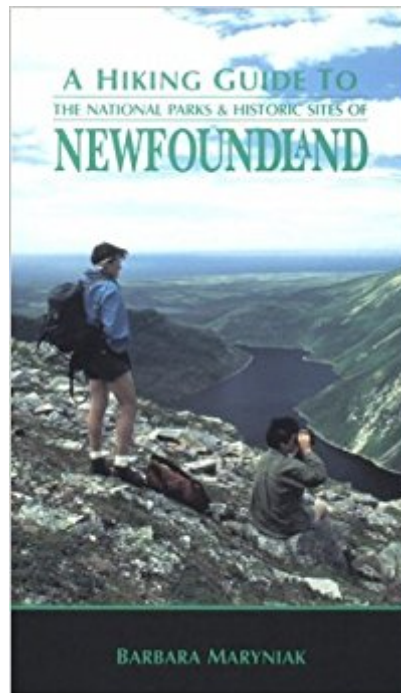




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# **A Hiking Guide To The National Parks And Historic Sites Of Newfoundland**



## Synopsis

To see some of the most spectacular geography in the world -- including a mountain that confirms the theory of continental drift and one of the highest waterfalls in North America -- follow any of the trails in *A Hiking Guide to the National Parks and Historic Sites of Newfoundland*. This handy guide gives detailed information about the hiking trails in Gros Morne and Terra Nova national parks and in five national historic sites: Signal Hill, in St. John's, where Marconi received the world's first transatlantic wireless message; Cape Spear, the most easterly point in North America; Castle Hill, the ruins of a 300-year-old French fort and settlement; Port au Choix, an important Archaic Maritime Indian burial ground; and L'Anse aux Meadows, the millennium-old Viking settlement that was the first site on UNESCO's World Cultural List. The guide includes information on more than 50 trails: length (varying from 1 to 18 km), difficulty, and estimated hiking time, plus historical and geological vignettes, trail tales, and local lore. Trails-at-a-Glance charts in each section and a map for each trail enable hikers to plan their excursions. There are several pages of entertainingly presented information about each historic site, and Barbara Maryniak's easy-to-understand explanations of the natural forces that formed the national parks will enrich even the shortest hike.

## Book Information

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## Customer Reviews

Barbara Maryniak has hiked the Rockies as well as the trails of Newfoundland. Her essays have appeared in *The Newfoundland Herald* and *Explore Magazine*.

Descriptions and directions for each hike seem good. There are many maps, which are

clear/helpful. Some info is a bit out of date. But, overall the book is very helpful.

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